Role of proline under changing environments

A review

Shamsul Hayat,1,2,* Qaiser Hayat,2 Mohammed Nasser Alyemeni,1 Arif Shafi Wani,2 John Pichtel3 and Agil Ahmad2

¹Department of Botany and Microbiology; Faculty of Science; King Saudi University; Riyadh, Saudi Arabia; ²Plant Physiology Section; Department of Botany; Aligarh Muslim University; Aligarh, Uttar Pradesh, India; ³Natural Resources and Environmental Management; Ball State University; Muncie, IN USA

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When exposed to stressful conditions, plants accumulate an array of metabolites, particularly amino acids. Amino acids have traditionally been considered as precursors to and constituents of proteins, and play an important role in plant metabolism and development. A large body of data suggests a positive correlation between proline accumulation and plant stress. Proline, an amino acid, plays a highly beneficial role in plants exposed to various stress conditions. Besides acting as an excellent osmolyte, proline plays three major roles during stress, i.e., as a metal chelator, an antioxidative defense molecule and a signaling molecule. Review of the literature indicates that a stressful environment results in an overproduction of proline in plants which in turn imparts stress tolerance by maintaining cell turgor or osmotic balance; stabilizing membranes thereby preventing electrolyte leakage; and bringing concentrations of reactive oxygen species (ROS) within normal ranges, thus preventing oxidative burst in plants. Reports indicate enhanced stress tolerance when proline is supplied exogenously at low concentrations. However, some reports indicate toxic effects of proline when supplied exogenously at higher concentrations. In this article, we review and discuss the effects of exogenous proline on plants exposed to various abiotic stresses. Numerous examples of successful application of exogenous proline to improve stress tolerance are presented. The roles played by exogenous proline under varying environments have been critically examined and reviewed.

Introduction

Throughout their life cycle, plants are subjected to various types of environmental stresses which include salinity, water deficit, temperature extremes, toxic metal ion concentration and UV radiation. These environmental factors limit the growth and productivity of plants to varying degrees, depending upon severity of stress. One of the stress responses in plants is the stimulated production of reactive oxygen species (ROS) e.g., OH-, O_2 -, H_2O_2 etc. These species cause considerable damage through peroxidation of membrane lipid components and also through direct interaction with various macromolecules. Cells have

adapted different mechanisms to keep the ROS level in check. However, low ROS concentration participates in a signal transduction mechanism. These ROS are scavenged by low molecular weight antioxidative metabolites e.g., glutathione, ascorbic acid, α -tocopherol and antioxidative enzymes e.g., catalase, ascorbate peroxidase and superoxide dismutase. However, under different stress conditions the free radical generation exceeds the overall cellular antioxidative potential leading to oxidative stress, which contributes to adverse effects on plant growth.

In response to different stresses plants accumulate large quantities of different types of compatible solutes.² Compatible solutes are low molecular weight, highly soluble organic compounds that are usually non-toxic at high cellular concentrations. These solutes provide protection to plants from stress by contributing to cellular osmotic adjustment, ROS detoxification, protection of membrane integrity and enzymes/protein stabilization.³⁻⁵ These include proline, sucrose, polyols, trehalose and quaternary ammonium compounds (QACs) such as glycine betaine, alinine betaine, proline betaine and pipecolate betaine.^{6,7}

The phenomenon of proline accumulation is known to occur under water deficit,8 salinity,9,10 low temperature,11 heavy metal exposure¹²⁻¹⁵ UV radiations, etc. Apart from acting as an osmolyte for osmotic adjustment, proline contributes to stabilizing sub-cellular structures (e.g., membranes and proteins), scavenging free radicals and buffering cellular redox potential under stress conditions.3 It may also act as protein compatible hydrotrope, 16 alleviating cytoplasmic acidosis and maintaining appropriate NADP+/NADPH ratios compatible with metabolism.¹⁷ In many plant species, proline accumulation under salt stress has been correlated with stress tolerance, and its concentration has been shown to be generally higher in salt tolerant than in salt sensitive plants. 18-21 Its accumulation normally occurs in cytoplasm where it functions as molecular chaperons stabilizing the structure of proteins and its accumulation buffers cytosolic pH and maintains cell redox status. It has also been proposed that its accumulation may be part of a stress signal influencing adaptive responses. Keeping in view the diverse roles of proline in plants, a comprehensive note on biosynthesis, transport, signaling and role in stress has been reviewed in this article.

*Correspondence to: Shamsul Hayat; Email: shayat@lycos.com Submitted: 06/25/12; Accepted: 08/23/12 http://dx.doi.org/10.4161/psb.21949

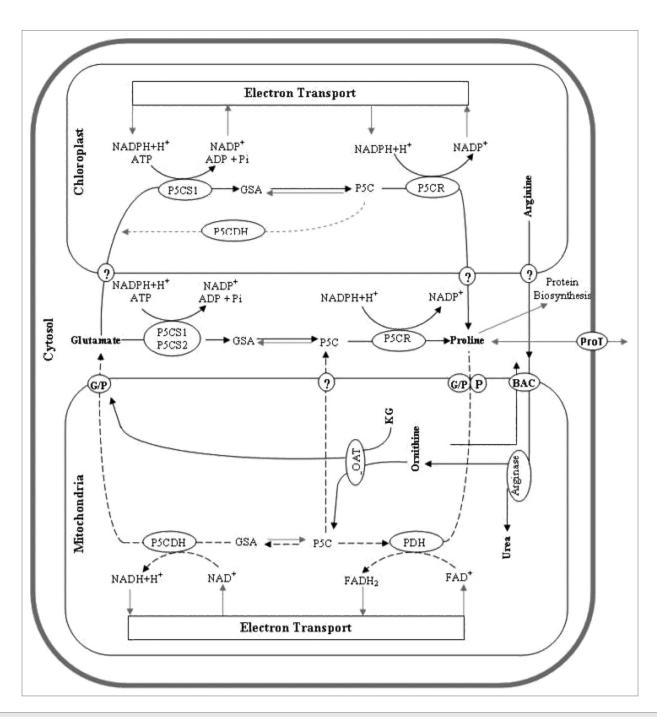


Figure 1. Proline metabolism in higher plants. Solid lines represents biosynthetic pathways while catabolic pathways are shown with dashed lines. BAC, basic amino acid transporter (for arginine and ornithine exchange); Glu, glutamate; G/P, mitochondrial glutamate/proline antiporter; KG, α-ketoglutarate; P, mitochondrial proline transporter; Pi, inorganic phosphate; ProT, proline transporter; ?, unknown transporters. (Figure adapted from Szabados and Savoure).

Proline Biosynthesis, Signaling and Transport

The proline biosynthetic pathway was outlined 40 years in *Escherichia coli*. ²² In plants, proline is synthesized by two pathways viz. glutamate pathway and orinithine pathway. The glutamate pathway accounts for major proline accumulation during osmotic stress. The proline is synthesized from glutamatic acid via intermediate Δ '-pyrroline-5-carboxylate (P5C). The reaction

is catalyzed by Δ'-pyrroline-5-carboxylate synthetase (P5CS) and Δ'-pyrroline-5-carboxylate reductase (P5CR) (Fig. 1).²³ P5CS is encoded by two genes whereas P5CR is encoded by only one in most plant species.^{16,24,25} Proline catabolism occurs in mitochondria by means of the chronological action of proline dehydrogenase or proline oxidase (PDH or POX) producing P5C from proline and P5C dehydrogenase (P5CDH) which converts P5C to glutamate. Two genes encode PDH, whereas a single P5CDH

gene has been identified in Arabidopsis and tobacco (*Nicotiana tabacum*).²⁶⁻²⁹ PDH transcription is activated by rehydration but repressed by dehydration, thus preventing proline degradation during abiotic stress.^{27,28} In an alternative pathway, proline can be synthesized from ornithine, which is transaminated to P5C by orinithine-δ-aminotransferase.³⁰ It has been suggested that the ornithine pathway is important during seedling development and in some plants for stress-induced proline accumulation.^{24,31,32} Accumulation of proline has been suggested to contribute to stress tolerance in many ways. As proline acts as the molecular chaperon it is able to maintain the protein integrity and enhance the activities of different enzymes.³³ Numerous studies have reported proline as an antioxidant suggesting its role as ROS scavenger and singlet oxygen quencher.^{34,35}

Exogenous proline application reduces ROS levels in fungi and yeast, thus preventing programmed cell death,³⁶ and also prevents lipid peroxidation in alga cells exposed to heavy metals.³⁷ Pretreatment of proline also mitigated Hg²⁺ toxicity in rice (*Oryza sativa*) through ROS scavenging, such as H₂O₂.³⁸ Damaging effects of ROS on Photosystem II (PSII) can be reduced by proline in isolated thylakoid membranes (PSII).³⁹

Internal proline content can be determined by biosynthesis, catabolism and transport between cells and different cellular compartments. The biosynthetic enzymes (P5CS1, P5CS2 and P5CR) are predicted to be localized in the cytosol whereas a mitochondrial localization is predicted for the enzymes involved in proline catabolism (such as PDH1/ERD5, PDH2, P5CDH and OAT).⁴⁰

Intercellular transport of proline occurs between cytosol, chloroplasts and mitochondria as implied by compartmentalization of proline metabolism (Fig. 1). It has been reported that uptake of proline in mitochondria is an active process suggesting the existence of specific amino acid transporters.⁴¹ These transporters have been identified in Arabidopsis thaliana42 and in tomato pollen. 43 At least three transporters (Pro T1, Pro T2 and AAP_e) of proline were identified in Arabidopsis thaliana based on C-DNA technology.⁴² These transporters belong to the amino acid permease (AAP) family and are expressed during stressful conditions. Pro T1 expresses ubiquitously but in Arabidopsis thaliana plants exposed to salinity stress, higher levels of Pro T1 were recorded in roots, stems and flowers. Young flowers showed highest expression, particularly in floral stalk phloem. Under water or salinity stress, strong expression of Pro T2 was recorded whereas, AAP6 transcripts were detected mainly in sink tissues (roots, cauline leaves).⁴² In the halophyte species *Limonium latifolium*, proline was sequestered to vacuoles in non-stressed plants, whereas, high proline content was detected in the cytosol of salt-stressed plants, suggesting the importance of de novo proline biosynthesis as well as transport for proline accumulation.⁴⁴

Proline metabolism has been studied for more than 40 y in plants, but little is known about the signaling pathways involved in its regulation. The proline biosynthetic pathway is activated and its catabolism repressed during dehydration, whereas rehydration regulates in the opposite direction. $^{16,26-28,32,45}$ Chen et al. 46 indicated that proline accumulation in detached rice leaves upon exposure to excess Cu was due to proteolysis and increased activities of Δ^1 -pyrroline-5-carboxylate reductase or ornithine- δ -aminotransferase, which

are enzymes of proline metabolism. It has also been revealed that Cu-induced proline synthesis and accumulation in detached rice leaves was mediated by ABA.46 Zhang et al.47 reported that Cu-induced proline synthesis is associated with NO generation. In this study the authors reported that exposure of Chlamydomonas reinhardtii to increasing concentration of Cu resulted in an increased synthesis of proline and a concomitant increase of intracellular NO levels. The authors argued that this intracellular NO generation was involved in Cu-induced proline accumulation and signaling and this theory was largely based on the fact that the application of sodium nitroprusside (a potent NO donor) increased the activity and transcript amount of P5CS (a key enzyme of proline biosynthesis) in Cu-treated algae which was blocked if a NO scavenger instead of NO donor was used. 47 Further, it was reported in scenedesmus that the exogenous proline acts by detoxifying the ROS generated in response to the heavy metal (Cu or Zn) treatment rather than by improving the antioxidative defense system.⁴⁸ Similarly, Wang et al.³⁸ also demonstrated that the protective effect of proline against Hg toxicity in rice was through detoxifying ROS generated in response to metal treatment.

Effect of Exogenous Proline on Growth of Plants under Varying Environments

When exposed to abiotic stress, plants experience growth inhibition or retardation. However, exogenous application of proline provided osmoprotection and also enhanced the growth of plants exposed to salt stress.^{5,49} Roy et al.⁵⁰ reported that proline, applied exogenously at a low concentration, ameliorated the adverse effects of salinity in rice. When added to the culture medium at low concentrations proline effectively alleviated salinity-induced decline in fresh weight and also reduced peroxidative damage to the lipid membranes in ground nut (Arachis hypogea); in contrast, higher proline concentrations did not prove beneficial.⁵¹ In a similar study, Ehsanpour and Fatahian⁵² reported that exogenous application of proline to culture medium subjected to salinity stress resulted in an increase in dry weight and also increased the free proline content in callus cells of alfalfa (Medicago sativa). When applied exogenously to immature embryos of maize (Zea mays) proline stimulated somatic embryogenesis.⁵³⁻⁵⁵ Ali et al.⁵⁶ reported that the exogenous proline applied as spray treatment at seedling and/or at vegetative stage of Zea mays resulted in enhanced growth under water deficient environment. Proline applied as pre-sowing seed soaking treatment alleviated the adverse effects generated by drought stress in Triticum aestivum resulting in enhanced growth and yield characteristics.⁵⁷ Exogenous application of proline enhanced growth and also maintained nutrient status by promoting the uptake of K⁺, Ca⁺, P and N in Zea mays plants exposed to drought stress.⁵⁸ Exogenous application of proline mitigated the cadmium induced inhibitory effects on the growth of cultured tobacco Bright Yellow-2 (BY-2) cells (Fig. 2).59

Effect of Exogenous Proline on Plant-Water Relations and Photosynthesis

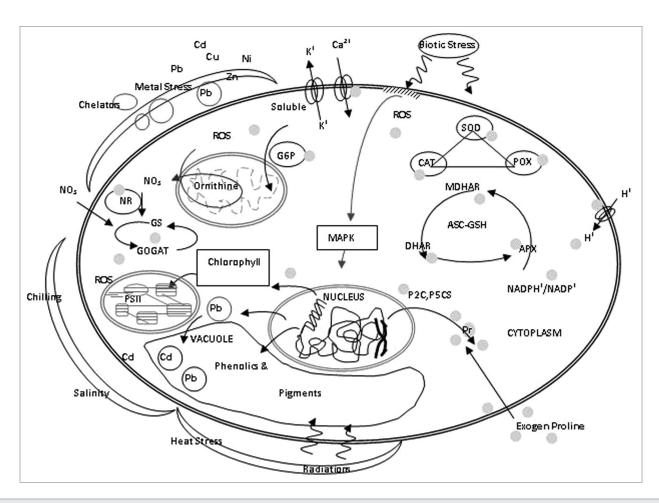


Figure 2. Proline mediated intracellular redox-regulation as a multifaceted convergent strategy of different stresses. A balance of exogenous/endogenous molecules sets the required internal concentration of proline.

Stress, in general, is known to alter plant-water relations⁶⁰ which may affect water uptake, ascent of sap, stomatal functioning⁶¹ and retardation of chlorophyll biosynthesis⁶² and ultimately results in decreased photosynthesis. Decrease in leaf water potential is also associated with stress. The disturbance in plant-water relations due to heavy metal exposure triggers proline accumulation; this effect has been observed, for example, in response to Cd in Lectuca sativa. 63 Exogenous proline application to Vicia faba significantly increased leaf water potential during salinity stress.⁶⁴ The exogenous proline supplemented mitigated the reduction in photosynthetic activity and leaf water relations under salt stress in Olea europaea L. cv Chemlali, and the mitigating effect of proline was concentration-dependent.⁶⁵ It is well-established that proline protects plants against stress by stabilizing the mitochondrial electron transport complex II,66 membranes and proteins8,67-70 and enzymes such as RUBISCO.71 When compared with other osmolytes such as glycine betaine, proline applied exogenously was highly effective in alleviating NaCl-generated stress in tobacco cells.3 Both upper and lower stomata in Vicia faba responded to different concentrations of proline supplied exogenously either to detached leaves or to intact leaves.⁷² The stomata on abaxial surfaces exhibited higher resistance than those on adaxial surfaces when treated exogenously with proline. Furthermore, lower

concentrations of exogenous proline were even more effective in increasing stomatal resistance than that of ABA spray.⁷² In the study by Rajagopal and Sinha,⁷³ exogenously applied proline maintained turgidity in leaves of barley and wheat undergoing stress.

Effect of Exogenous Proline on Oxidative Stress and the Antioxidant System

Plants continuously synthesize the reactive oxygen species (ROS) as a byproduct of various metabolic pathways.⁷⁴ ROS play a significant role in providing protection against harmful pathogens.⁷⁵⁻⁷⁷ They are also important in trachiary element formation, lignification and several other developmental processes.⁷⁸⁻⁸⁰ However, excessive levels of ROS result in oxidative damage to plants, e.g., nucleic acid damage, oxidation of proteins and lipids and degradation of chlorophyll pigments.⁸¹⁻⁸⁴ Therefore, ROS generation should remain within plant-compatible limits. Under normal conditions ROS are scavenged by different antioxidant defense compounds.⁸⁵ However, when plants are exposed to various biotic and abiotic stresses increased generation of ROS occurs.⁸⁶⁻⁸⁸ This increased ROS level, besides causing the aforesaid damage, also causes K⁺ efflux from cells (Fig. 2).⁸⁹

Reports indicate that proline is responsible for scavenging the ROS and other free radicals. 35,36,90-94 Proline, when applied exogenously to roots of Arabidopsis, resulted in a reduced level of ROS, indicating the ROS scavenging potential of proline. 55 Further, exogenous proline application also reduced ROS-induced K* efflux. 55 Hoque et al. 56 reported that the activities of antioxidative enzymes viz. catalase (CAT), peroxidase (POX) and superoxide dismutase (SOD) were significantly enhanced when proline was applied exogenously in tobacco suspension cultures exposed to salinity stress.

Another important defense system of plants to protect cells against the destructive ROS (i.e., those generated in response to stress) is the ascorbate-glutathione (ASC-GSH) cycle. 93 Exogenous proline application upregulates the activities of enzymes in the ASC-GSH cycle. The activities of APX (ascorbate peroxidase), MDHAR (monohydro ascorbate reductase) and DHAR (dihydro ascorbate reductase) enzymes, which are the components of ASC-GSH cycle, were significantly enhanced by exogenous proline application in tobacco cultures exposed to salinity stress (Hoque et al. 2007). Kaul et al.⁹⁷ using in vitro studies, showed that exogenously applied l-proline proved to be a potent free radical (particularly ROS) scavenger. Hong et al.⁹¹ concluded that the role of proline as a free radical scavenger is more important in alleviating stress than its role as a simple osmolyte. Islam et al.⁵⁹ showed that proline and betaine confer tolerance to cadmium stress in cultured tobacco cells by increasing the activities of SOD and CAT and also decreased the lipid peroxidation rate (Fig. 2).

Effect of Exogenous Proline on Plants Exposed to Salinity Stress

High salinity is a major problem faced by plants worldwide, which results in serious metabolic perturbations reducing crop productivity and yield. Salinity stress reduced growth and protein content in Pancratium maritium. This effect was, however, significantly reversed when proline was exogenously supplied.98 Furthermore, the salinity-induced reduction in ubiquitin conjugate content and inhibition of the antioxidative enzymes catalase and peroxidase was significantly overcome in *Pancratium mari*timum when proline was supplied exogenously.98 In a study performed by Gadallah,64 exogenous proline application completely alleviated salinity-induced injury in Vicia faba. The membrane disruptions induced by salinity were also alleviated by exogenous proline in Vicia faba. 64 In the same study, exogenous proline application increased leaf chlorophyll content, leaf relative water content and overall plant growth. Exogenous proline application also increased percentage germination and root length in pea exposed to salinity stress. 99 In a study by Ehsanpour and Fatahian 52 on callus cells of Medicago sativa, proline supplied exogenously to the culture medium subjected to salinity stress resulted in an increase in dry weight and also increased free proline content in the callus cells. Exogenous addition of proline to nutrient medium drastically decreased the oxidative damage to membranes caused by salinity in Mesembryanthemum crystallinum L. thus resulting in reduced lipid peroxidation rate but increased the chlorophyll content in the leaves of salt stressed plants.¹⁰⁰

Effect of Exogenous Proline on Plants Exposed to Radiation Stress

Harmful radiation such as UV-B (280-320 nm) is an important environmental factor which at higher levels adversely affects photosynthesis and other physiological processes. 71,101 In response to UV-B radiation plants develop a variety of protective mechanisms, e.g., production of UV-B screening pigments and synthesis of protective compounds including flavonoids and proline. 80,102,103 The free radicals generated in response to UV-B exposure are scavenged by proline. 103,104 The study by Arora and Saradhi¹⁰⁴ was further supported by the finding that barley seedlings pretreated with NaCl were more resistant to UV-B radiation. This increased tolerance to UV-B exposure was probably due to proline accumulation induced by salt stress conditions.105 In addition, exogenous proline application to barley seedlings followed by UV-B exposure resulted in reduced chlorophyll/carotenoid ratio, oxygen evolution rate and photochemical efficiency of PS II, and also increased proline accumulation. 106 The reduced chlorophyll/carotenoid ratio by exogenous proline application was due to synthesis of pigments that provided protection to cells against UV-B radiation exposure (Fig. 2).106

Effect of Exogenous Proline on Plants Exposed to Temperature Stress

Deviation from optimum temperature results in serious perturbations in plant growth and development. These perturbations include disruption of membranes due to lipid peroxidation, metabolic modifications, changes in protein content and enzymatic activity, and electrolyte and amino acid leakage from cells. Application of chilling treatment to tropical and subtropical plants such as mung bean and soybean resulted in serious physiological and biochemical dysfunctions, most of which are mediated by ROS.⁸⁸

Chilling sensitive seeds which are vulnerable to low temperatures during the early phase of imbibition result in decrease in percent germination, 107-109 poor seedling growth and reduced plant productivity. 108 Hare et al. 110 observed that seed germination in *Arabidopsis thaliana* was enhanced by proline applied exogenously. An increase in plant growth 111 and crop productivity 112 under chilling stress conditions was also observed when proline was applied exogenously (Fig. 2).

Studies have revealed that the oxidative pentose phosphate pathway (OPPP) plays a critical role in triggering seed germination in various plant species. Botha et al.¹¹³ and Shetty¹¹⁴ suggested a link between OPPP and proline biosynthesis. This was further confirmed by Posmyk and Janas,¹¹⁵ who found a positive correlation between endogenous proline content in seeds and germination when exposed to chilling stress.

Seed germination in *Vigna radiata*, inhibited by application of chilling stress of 5°C, was overcome when seeds were hydroprimed with proline. Further exogenous proline application had a dose-dependent stimulatory effect on germination of *Vigna radiata* seeds. ¹¹⁵ This effect of exogenous proline was attributed to

membrane stabilizing potential³⁴ which was changed from porous and leaky to stable and non-leaky.¹¹⁶

Lipid peroxidation induced by chilling¹¹⁷ was effectively overcome by exogenous proline application in *Vigna radiata*. Exogenous proline acted as an active oxygen scavenger thereby overcoming the oxidative stress induced by chilling. Savaij et al. 118 determined that exogenous proline application resulted in increased frost tolerance in leaves of Solanum. Exogenous proline treatment also increased leaf proline content, thereby alleviating chill-induced stress. Besides acting as a free radical scavenger and stabilizing membranes, exogenous proline also acted as a source of nitrogen and carbon, thereby improving seedling growth and regeneration in *Vigna radiata* exposed to chilling stress. 115

Effect of Exogenous Proline on Plants Exposed to Heavy Metal Stress

Heavy metals such as Cd, Cu, Pb, Ni and Zn are common and destructive environmental threats encountered by plants. Plant uptake of excessive concentrations of heavy metals generates stress resulting in serious physiologic and structural disturbances. In response to heavy metal stress plants accumulate a large quantity of proline. Many plants have been shown to accumulate proline when exposed to heavy metal stress. 12,13,63,119,120 Besides acting as an osmoprotectant and ROS quencher, proline also acts as a heavy metal chelator, thereby alleviating heavy metal stress.¹²¹ Proline induces the formation of phytochelatins which chelate with heavy metals like Cd thereby decreasing their toxicity.¹²² Xu et al.¹²³ reported that proline pre-treatment reduced the ROS level and also protected the plasma membrane of callus subjected to cadmium stress, thereby improving the cadmium tolerance resulting in regeneration of shoots in Solanum nigrum. Exogenous application of proline resulted in increase of its endogenous levels that antagonized the toxic effects of selenium by improving the growth of seedlings. Damage caused by stress was reduced significantly with simultaneous increase in the activities of enzymatic and nonenzymatic antioxidants.¹²⁴ Heavy metal-tolerant populations of Deschampsia and Silene have been shown to contain a higher constitutive content of proline as compared with non-tolerant counterparts. 14,125 In a study performed by Sharma et al. 126 exogenous proline protected the activity of glucose-6-phosphate dehydrogenase and nitrate reductase in vitro against inhibition by Cd and Zn. This protection was due to the formation of a proline-metal complex.¹²⁶ Similar complex-forming properties of proline were observed by Farago and Mullen¹²¹ where proline formed a complex with Cu in metal-tolerant Armaria (Fig. 2).

Research has demonstrated heavy metal-induced proline accumulation in higher as well as in lower plants. Enhanced proline accumulation was noted in response to heavy metals like Cd, Co, Zn and Pb in *Cajanus cajan* and *Vigna mungo*;¹¹⁹ Pb, Cd, Cu and Zn in *Helianthus annuus*;¹²⁷ and Zn and Cu in *Triticum aestivum*.¹³ Proline accumulation in response to heavy metal exposure has been observed in lower plants, e.g., algae. Proline accumulated when different algae were exposed to metals such as Cu in *Anacystis nidulans*,¹²⁸ *Chlorella sp*.¹²⁹ and *Chlorella vulgaris*.³⁷ Exogenous proline application to *Chlorella vulgaris* was found to

counteract lipid peroxidation as well as K⁺ efflux observed after exposure to Cu, Cr, Ni and Zn.³⁷ Regardless of the above data, a survey of the literature indicates that generally little information is available on the effect of exogenous proline on plants exposed to heavy metal stress.

Effect of Exogenous Proline on Other Enzymes and Metabolites

Exogenous proline application, besides enhancing the activity of antioxidative enzymes (CAT, POX and SOD),⁹⁶ is also known to enhance the activity of other enzymes. Nitrogenase activity in drought-stressed soybean nodules was significantly enhanced when proline (an osmolyte) was applied exogenously. However, when other osmolytes such as malate were tested there was no significant enhancement in drought-stressed nodule nitrogenase activity.¹³⁰ Proline is known to act as an enzyme protectant during abiotic stress conditions.^{131,132} This effect is further supported by the finding that exogenous proline application alleviated salt stress by upregulating the stress protective proteins in *Pancratium maritinmum*⁹⁸ and reducing oxidation of lipid membranes in tobacco.⁹⁴

It is well-established that stress results in increased proline accumulation in root nodules. Kohl et al. 133 reported that drought stress induced the activity of the enzymes of proline metabolism such as proline dehydrogenase (pro-DH) in bacteroids, suggesting that proline may be imported to the symbiosomes as a substrate for bacteroids during periods of stress. This finding was further confirmed by the observation that proline, when applied exogenously to the drought-stressed soybean nodules, was imported across the symbiosome membrane at a relatively faster rate, which was metabolized by the bacteroids and used to enhance nitrogenase activity in the nodules. 130 In addition proline protected the enzymes against heat, salinity or chilling stress under in vitro conditions. 134,135 This is due to the fact that the 3-D structure of proteins is governed by hydrophobic/hydrophilic, ionic interactions and interactions between side chains of constituent amino acids. Proline could interfere with these side chain bonds and induce conformational changes in the enzyme protein and thus affect their activity (**Fig. 2**). 135,136

Gadallah⁶⁴ reported that the contents of soluble sugars, hydrolysable sugars and soluble proteins of salt-stressed *Vicia faba* significantly increased when proline was supplied exogenously. Posmyk and Janas¹¹⁵ reported that *Vigna radiata* seedlings exposed to chilling stress when supplied exogenously with proline resulted in an increase in phenolics content. Phenolics like endogenous proline act as a free radical scavenger thereby overcoming oxidative stress.^{137,138}

Exogenous Proline—A Comparison with Other Amino Acids

Accumulation of large quantities of proline is an adaptive response of plants to various biotic and abiotic stresses. Singh et al. In was probably the first to assign a correlation between proline accumulation and drought resistance in barley cultivars. However,

reports have shown accumulation of other free amino acids under stress conditions e.g., aspartic acid, glutamic acid and glutamine in cotton;¹⁴⁸ asparagine, aspartic acid, serine and glycine in maize^{149,150} and ornithine, arginine and glutamic acid in detached rice leaves.¹⁵¹

Proline administered exogenously in nutrient solution to wheat exposed to osmotic stress delayed wilting.⁷³ Subsequently Rajagopal⁷² showed that in *Vicia faba* exogenous proline decreased stomatal conductance and also increased uptake of exogenous proline into leaves. However, Thakur and Rai¹⁵² observed that exogenous application of alanine, serine and asparagine also delayed wilting under stress conditions in maize. Exogenous proline inhibited stomatal opening in *Vicia faba* whereas other amino acids such as histidine, methionine, aspartic acid, glutamic acid, asparagine and gutamine promoted stomatal opening.¹⁵³ Rai and Kumari¹⁵⁴ monitored the passage of H⁺ or OH⁻ ions across the Vinca petal membrane and observed that exogenous proline decreased membrane permeability for H⁺ or OH⁻ ions. A similar response was generated when arginine, asparagine, glutamine, alanine and leucine were tested.

Exogenous proline application to Phaseolus seedlings promoted calcium uptake whereas alanine, aspartic acid, glutamic acid and tryptophan inhibited Ca uptake. Like proline the amino acids histidine, γ -amino butyric acid, hydroxy proline, leucine, glutamine and phenylalanine enhanced K^* uptake. However, threonine, aspartic acid and alanine did not affect K^* uptake.

Santos et al.¹⁵⁶ reported that exogenous proline acts as a nitrogen source. They concluded that diverse morphogenetic processes such as embryogenesis and organogenesis vary in their demand of exogenous nitrogen (especially in the form of proline) which would also act as an osmoregulator. Seed germination in *Sinapis alba* was least inhibited by proline when applied exogenously at a concentration of 3.5x10⁻² M whereas, at the same concentration, alanine, glutamic acid and aspartic acid proved highly inhibitory.¹⁵⁷ The authors also indicated that proline was about 300 times more soluble in water than other amino acids and thus acted as a comparatively non-toxic osmolyte. Proline level declined in response to nitrogen deficiency in *Phaseolus vulgaris* because of the stimulation of proline dehydrogenase. However, under the conditions of adequate nitrogen, proline level increased due to the activation of ornithine δ-aminotransferase.¹⁵⁸

Proline Toxicity in Plants

Despite the beneficial effects of exogenous proline application, it imparts toxic effects as well if over-accumulated or applied at excessive concentrations. Such negative effects of exogenous proline were observed in tomato, where an imbalance in inorganic ions was observed.¹⁵⁹ Proline applied exogenously at a low concentration (e.g., 30 mM) ameliorated the adverse effects of salinity on early seedling growth in rice, whereas at higher concentrations (40–50 mM) proline resulted in toxic effects and poor plant growth.⁵⁰ In a study by Hare et al.,¹⁶⁰ it was shown that proline applied exogenously at a low concentration enhanced in vitro shoot organogenesis in Arabidopsis hypocotyls explants, whereas growth was inhibited at higher concentrations. An explanation for

this toxic effect of exogenous proline is attributed to the fact that lower concentrations activated a cycle of cytosolic proline synthesis from glutamate and mitochondrial proline degradation, which simultaneously provided NADP+ to drive cytosolic purine biosynthesis and reducing equivalents for mitochondrial ADP phosphorylation. 161 An induction by exogenous proline of the Arabidopsis gene which encodes proline dehydrogenase (PDH)²⁷ is consistent with this hypothesis. However, at higher levels of exogenous proline, feedback inhibition of Δ^1 -pyroline-5-carboxylate synthetase (P5CS)^{162,163} blocked the biosynthetic portion of this cycle and thereby inhibited organogenesis, as in Arabidopsis.¹⁶⁰ The toxic effects of exogenous proline were also observed by Rodriguez and Heyser¹⁶⁴ where growth in suspension culture of saltgrass (Distichlis spicata) was inhibited when proline was applied exogenously at a high concentration. This treatment also decreased proline biosynthesis.

Chen and Kao¹⁶⁵ suggest that high concentrations of proline mimic the toxic effects of Cd in rice seedlings. Nanjo et al.¹⁶⁶ evaluated proline toxicity in Arabidopsis T-DNA tagged mutant *pdh* that was defective in pro dehydrogenase (At ProDH), responsible for catalyzing the first step of proline catabolism. This *pdh* mutant was hypersensitive to exogenous l-proline at concentrations < 10 mM whereas the wild type grew normally at such concentrations.

Besides the above toxic effects of exogenous proline, it has been shown to destabilize the DNA helix, lower the DNA melting point, increase susceptibility to S1 nuclease and increase insensitivity to DNAase1, when supplied at high concentrations.³³

Summary and Conclusions

- 1. Proline, an amino acid, plays an important role in plants. It protects the plants from various stresses and also helps plants to recover from stress more rapidly.
- 2. When applied exogenously to plants exposed to stress, Proline results in enhanced growth and other physiological characteristics of plants.
- 3. Exogenous proline scavenges the ROS generated in plants under various biotic and abiotic stresses.
- 4. Exogenous proline application affects plant-water relations by maintaining turgidity of cells under stress, and also increases the rate of photosynthesis.
- 5. Exogenous proline application to plants protects them from harmful radiation such as UV-B.
- 6. Low concentrations of exogenous proline protect plants from salinity, drought and temperature stress. However, higher doses will impart toxic effects.

Despite the diverse physio-morphological effects of exogenous proline on plants, much work is still required for a more complete understanding of its effects on plant response to external stress. Keeping in view the potential of exogenous proline as a ROS scavenger, it may become a useful tool to counter the adverse effect of stressful environments thereby decreasing annual losses to agriculture.

Disclosure of Potential Conflicts of Interest

No potential conflicts of interest were disclosed.

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